



**Missoula Urban Demonstration Project**  
**YOUTH EDUCATION PROGRAM in Sustainability**  
629 Phillips Street, Missoula, MT 59802  
Office: 406.721.7513 Tool Library: 406.549.6790  
[info@mudproject.org](mailto:info@mudproject.org) [www.mudproject.org](http://www.mudproject.org)

## **Recycled Rhythms!**

MUD exists to create a replicable model of urban sustainable living through education, demonstration, and celebration in the Missoula community. MUD's Youth Education Program (YEP!) is presenting the Recycled Rhythms lesson as a way to teach sustainability through music. As a music educator you have several opportunities to bring Recycled Rhythms to your classroom free of charge:

- Check out the Recycled Rhythms trunks from MUD by calling 406.721.7513 or emailing [info@mudproject.org](mailto:info@mudproject.org). Call in advance to reserve the trunk, then use it in your classroom as needed!
- Have a YEP! Instructor present the Recycled Rhythms lesson to your class. Call 406.721.7513 or email [info@mudproject.org](mailto:info@mudproject.org) to find out more information.
- Download Recycled Rhythms teaching materials from MUD's website to use in your classroom. Go to the following link to access the materials:  
<http://www.mudproject.org/page/youth-education-program-in>  
Check out other YEP! Lesson plans while you're there!



### **What Can I Recycle in Missoula?**

- Corrugated Cardboard
- Tin and Aluminum
- #1 and #2 Plastic
- Newspaper, Office Paper
- Glass (only at Target)

### **Where Do I Recycle in Missoula?**

- BFI customers can put their recycling in a blue bag next to their trash cans.
- Missoula Valley Recycling can pick up your recycling for a small fee. Call 406.543.2972 for more details.
- Bring your recycling to Pacific Recycling at 2600 Latimer Street.
- Bring your glass to Target, but call 406.543.4000 to make sure they are currently accepting drop-offs.



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1. Teach students about trash and decomposition using the Decomposition Timeline activity.
2. Have students compile a list of recyclable materials for the area they live.
3. Explain that each recyclable word will be used as a rhythm and practice as a group.
4. Divide students into small groups. Each group receives a set of Recycled Rhythms cards and a corresponding mat.
  - Groups create a rhythmic composition using the rhythm cards.
  - Groups use body percussion to perform their compositions for the class.
  - Groups then adapt their compositions to be played on recycled “instruments.” Groups that finish quickly can create a melody for their rhythms using the tuned jars.
  - Use dry erase markers to add dynamics, repeats, or other notation as desired.
5. Teach students the following rhyme:

We **RECYCLE** what we use,  
Separate things and you should too!  
Cardboard, paper, plastic, tin,  
Go in your **RECYCLING BIN!**

6. Create group composition using ostinati, rhyme, and small group compositions.
  - Select one or two rhythms to be played as ostinati by several students.
  - Create a rondo by alternating the Recycling Rhyme with each group’s composition.